



## Indigo Dye and Shibori techniques

Sat 29 June 2024

10am - 4 pm

Cost: £75 includes some great tuition, a stunning venue, tea and coffee throughout the day and a home made tray bake. You need to bring your own packed lunch. There is a fridge and microwave if needed.

There is a £5 material fee for dye and sample cloth. Please see What to bring section below for info on what fabric to bring. All equipment is included in the fee. Cushion and scarf fabric not inc. White cotton un-dyed scarves will be available for purchase - £6 each.

If you have any special access/food allergies or disability requirements, please contact us by email: [info@cowshedcreative.co.uk](mailto:info@cowshedcreative.co.uk)

Shibori is the Japanese art of indigo resist dyeing. In this hands-on workshop you will learn the basics of Shibori inspired folding, binding, clamping and stitching techniques. Dipped in Indigo, you will create your own stunning patterns on fabric. Create a stash of samples and an original and boldly patterned scarf, T-shirt or fabric for a cushion. Perfect for the summer.

You will be shown how to prepare the dye bath and spend time preparing your materials for dyeing. The dye process is simple yet exciting and you'll be amazed at the range of patterns that are unfolded and revealed. Experiment with different techniques on small fabric samples, then work on a larger piece of fabric to create an original piece. The samples can be transformed into bunting at home or used for patchwork.

No prior experience needed. If you want to try some of the stitching techniques some knowledge of sewing would be useful but not essential. There are lots of techniques you can try without using stitching.

**Kate Reid** trained at Central School of Art in London in textile design, which led to work as a freelance knitwear designer and textile specialist in a Lancashire museum. She now runs her own successful costume hire company, designing and making bespoke costumes for both theatre productions and film; anything from exquisite period work to wild and flamboyant outfits for pantomime dames. Kate is an inspiring teacher; she has loads of experience and will help you develop your creativity.

### **What to bring and additional costs**

- *White cotton fabric for a scarf or to make into a cushion cover at home if you wish. This needs to be washed before you come in order for it to take the dye.*
- *If you would like to dye a T-shirt or blouse, it will need to be white/light cotton and pre-washed if new*
- *Please bring an apron and a sharp pair of scissors. You may get small drops of indigo dye on your clothes so please don't wear anything precious*
- *You may wish to bring a pencil/pen and notebook*
- *Cash for material fee to be paid to tutor*